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CLAIMS

- 1. A personal protection device comprising a resilient structure which, in use, surrounds a bodypart of the user, the energy from an impact by a first surface being transmitted through the structure from the impact side to the other side(s) and dissipated to an external second surface with which the structure is in contact.
- 2. A personal protection device as claimed in claim 1, wherein the resilient structure is a rigid frame.
- 10 3. A personal protection device as claimed in claim 1 or claim 2, wherein the resilient structure is a one piece structure.
 - 4. A personal protection device as claimed in claim 1 or claim 2, wherein the resilient structure comprises two or more interconnectable parts.
 - 5. A personal protection device according to any one of the preceding claims, wherein the structure is contoured and/or shaped to the bodypart.
- 6. A personal protection device according to any one of the preceding claims,
 wherein the bodypart is the upper torso.
 - 7. A personal protection device according to Claim 6, wherein the device comprises first and second rigid hoops each of which, in use, passes over one of a

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user's shoulder and beneath the user's arms.

8. A personal protection device according to Claim 7, wherein the first and

second hoops are rigidly interconnected.

9. A personal protection device according to Claim 8, further comprising front

and rear cross-members interconnecting the first and second hoops.

10. A personal protection device according to Claim 9, wherein at least one of the

cross-members includes a releasable coupling releasable to allow relative movement

of the first and second hoops.

11. A personal protection device substantially as hereinbefore described with

reference to Figures 1 to 3 and/or Figure 4 of the accompanying drawings.

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